

ROYAL 
Bird's Nest™

EBN® Goat's Milk Tablets



Combination of the sky (**BIRD'S NEST**)
and land (**GOAT'S MILK**) nourishes your health.

结合天（燕窝）与地（羊奶）滋养身体

Introduction 简介

While many are still consuming cow's milk as their daily diet, goat's milk has gain its popularity lately. Goat's milk is easy to digest (it contains 5 times less curd than cow's milk), a good source of calcium, tryptophan (an amino acid), protein, phosphorous, vitamin B12 (riboflavin), B1, B2, B6, iron, potassium, selenium (which helps your immune system) and it is rich in vitamin A. For those who suffer from cow's milk allergies, goat's milk could be a natural alternative to cow's milk.

EBN Goat's Milk Tablets contains a rich source of calcium and protein. Low in fat and easily digested, it is a great way to support bone health and energy for those who are allergic to cow's milk.

牛奶虽许多人将之作为日常饮食的一部分，但近年来羊奶也逐渐广受大众的青睞。羊奶容易被人体消化（它含有比牛奶少五倍的粗物质），是良好的钙质、色氨酸（一种氨基酸）、蛋白质、磷、维生素B12、B1、B2、B6、铁、钾以及硒（有助于提升免疫系统）来源，也富含维生素A。对于那些患有牛奶过敏症的人士，羊奶绝对是牛奶的自然替代品。

燕窝羊奶片含有丰富的钙质和蛋白质来源。它含有较低脂肪和容易消化，可帮助那些对牛奶过敏的人士维持其骨骼健康和提供能量。

Q&A

1. Can babies consume EBN Goat's Milk Tablet?

It is not suitable for babies under 24 months, as they have not learn to chew yet.

2. Is the EBN Goat's Milk Tablet dairy free?

In general, all mammal milks are classified as dairy. However, they have different compositions thus easily being absorbed.

3. Why do I have to choose Royal Bird's Nest EBN Goat's Milk Tablet?

- Enhanced with Omega 3 & 6 which is essential for growth and development of the brains and body
- Complete nutrients with Oligosaccharides
- Contains Edible Bird's Nest that further nourishes our health
- Our goat's milk originated from New Zealand, Holland and France
- Manufacturer is equipped with GMP, HACCP, Organic, Water Quality and Halal facilities

1. 婴儿可以吃羊奶片吗？

不适合小于24个月的婴儿食用

2. 羊奶片是乳制品吗？

基本上动物的奶都是乳品，但由于羊奶的成分不同，所以羊奶更被人体接受

3. 为何选择皇家燕窝羊奶片？

- 拥有奥米加三及六脂肪酸，有助于脑部及身体健康成长
- 拥有完整营养及寡糖
- 内含燕窝有效于双重呵护健康
- 羊奶源自于新西兰、荷兰及法国
- 制造厂商拥有GMP、HACCP、有机认证、水质管理、清真认证等

ROYAL
Bird's Nest™

EBN® Goat's Milk Tablets

From our Eco Park to the paddock, the combination of bird's nest and goat's milk is a wonderful new formula to supplement your daily dietary intake.

源自生态园和牧场的结合，燕窝与羊奶绝对是一个可让您每日补充营养素的最新配方。

Dosage/Dos: 1 - 2 tablets daily

服用剂量：每日1至2片





The main components of bird's nest are water-soluble protein (containing 18 kinds of amino acids required by the human body), carbohydrates, epidermal growth factor (EGF), rich minerals such as calcium, phosphorus, iron, sodium, potassium, etc. The vitality of bird's nest and its low-allergenic calcium will be easy on your digestive system.

- Rich in proteins, collagens and minerals
- Boost immunity and promote cell regeneration
- Restore energy and stamina
- Accelerate brain and nerve cell growth and development in infants and children
- Reduce the rate of dementia and decrease the likelihood of Parkinson's disease in the elderly
- Help stimulate the appetite, speed-up recovery from illness and invigorate the lungs
- Improve the body's overall metabolic functions
- Keep skin looking youthful and glowing

燕窝主要成分有水溶性蛋白质（内含18种人体所需的氨基酸）、碳水化合物、表皮生长因子（EGF）、丰富矿物质如钙、磷、铁、钠、钾等，燕窝中所含的能量精华再加上低过敏性钙质的形式，不会增加消化系统的负担。

- 含丰富的蛋白质、胶原蛋白和矿物质
- 增强免疫力及促进细胞再生
- 恢复能量和体力
- 加速婴儿和孩童的大脑和神经细胞的成长与发育
- 延缓痴呆症的发生率，降低老年人患上帕金森病的可能性
- 有助于刺激食欲、加速疾病复原，激活肺部
- 改善身体的整体代谢功能
- 保持肌肤年轻及容光焕发

Lets look into the benefits of Bird's Nest & Goat's Milk

燕窝与羊奶的益处



1 A good source of key vitamins 主要维生素来源

Nutrients such as iron, calcium, magnesium and phosphorous were more easily digested and used by the body in goat's milk. Because of these minerals bioavailability, goat's milk may help in treating nutritional deficiencies like anemia and bone demineralization. Its high levels of zinc and selenium also helps to prevent neuro-degenerative diseases.

羊奶中所含的铁、钙、镁、磷等营养素较容易被人体消化和利用。由于这些矿物质具有较高的生物利用率，羊奶可有助于治疗营养缺乏的问题，如贫血和骨骼脱钙的问题。羊奶富含的锌和硒也有助于预防神经退行性疾病的发生。

2 Metabolism Booster 促进新陈代谢

Goat's milk is far more nutrient-dense meaning that you don't need as much of it to receive the same (or better) nutrient intake. A single cup provides nearly 40% of our daily calcium requirements, 20% of our vitamin B intake, as well as significant amounts of potassium and phosphorous. Furthermore, studies have shown that goat's milk can help increase the intake of iron and copper in our digestive tract, which is essential for people who struggle with anemia and other nutrients deficiency.

羊奶含有更高密度的营养成分，这意味着您不需要再摄取一样（或更好）的营养素。一杯羊奶足以提供人体将近40%的每日钙摄取的需求量、20%的维生素摄入量以及高量的钾与磷。此外，研究显示羊奶可有助于增加人体消化道内对铁和铜的吸收，两者都是贫血和营养缺乏者必不可少的营养素。

3 Growth and Development 成长与发育

Goat's milk is rich in protein, which is an essential part of growth and development, as proteins are the building blocks of cells, tissue, muscle, and bone. It ensures a steady stream of protein to protect body metabolic processes and stimulate growth and promote overall good health.

羊奶含丰富的蛋白质，而蛋白质是由细胞、组织、肌肉和骨骼组成，是成长和发育的重要部分。确保蛋白质的稳定流动来呵护身体的代谢过程，刺激成长和促进整体健康。

4 Prebiotic 益生元

Goat's milk has more oligosaccharides as compare to human milk. They act as prebiotics in the gut and may help to maintain the health of the digestive tract by encouraging the growth of beneficial gut bacteria and preventing the growth of harmful bacteria.

羊奶含有更多的低聚糖，这些低聚糖是肠道中的益生元，可通过促进肠道内有益菌的生长，同时防止有害菌的滋生，达到维持消化道健康的功效。

5 Immunity Booster 促进免疫力

Goat's milk contains a trace mineral known as selenium which is an essential mineral in ensuring that the immune system remains strong and functions normally.

羊奶所含有的微量矿物质 - 硒，是一种维持免疫系统强健和正常运作的重要矿物质。



Exclusively By: **RBN Global Berhad**
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